

#### ACTIVITY 1: OPENING CEREMONY

Hold an opening ceremony!

#### ACTIVITY 2: MAKING MINI SNOWMEN

(Early Childhood Learn Outside Guide-Page 33)

Have the children make snowmen in different sizes. Walk the children away from their snowman and point out how their snowman looks smaller when they walk farther away, and seems bigger when they are closer-even though the size of the snowman has not changed.

#### ACTIVITY 3: LITTLE WORLD WEDNESDAY

(Early Childhood Learn Outside Guide-Page 50)

Explain what a magnifying glass is, and how to use it. Take the children outside to look at tiny ice crystals or snowflakes. Talk about how lots of tiny snowflakes make up a lot of snow.

#### ACTIVITY 4: WYMAN'S SNOW ANGELS

Everyone can make snow angels!

#### ACTIVITY 5: FRIENDSHIP FRIDAY-DOORWAYS TO KINDNESS

Young children are often the ones getting help. Be sure to point this out! If possible, have the children take turns holding the door for other students or teachers.

#### ACTIVITY 1: MOVING MONDAY! SNOWBALL SPOON RELAY RACE

If the children are unable to succeed carrying a snowball on the spoon as a race, make it a fun group balancing activity! Set up a short walking course, have all students balance the ball on the spoon, and walk the course together.

#### ACTIVITY 2: CREATING A BETTER PLATE

Keep this activity age appropriate by having the children categorize foods as FRUITS, VEGETABLES, and PROTEINS. Show them images of various foods, and discuss as a group to which category they belong.

#### ACTIVITY 3: LITTLE WORLD WEDNESDAY

Most children will understand that sunshine is good for our minds and bodies! Talk to the children about how getting outside in the sunshine is good for them. How does the sun make you feel? Remember, a little sun is all we need.

#### ACTIVITY 4: FUNFLAKES

Take the children outside and have them pretend to be a snowflake. Include different types of movement - snowflakes softly piling up, snowflakes in a big storm, snowflakes packed together to become a fort, etc. Back inside, have them draw or paint snowflake pictures.

#### ACTIVITY 5: FRIENDSHIP FRIDAY-SMILING BRAIN

Most children will understand the concept of smiling and noticing who smiles back.

#### ACTIVITY 1: BINGO

Have the children try to get a BINGO, just as older kids will. Adjust the activities as needed.

#### ACTIVITY 2: DETAILS MATTER

Take the children outside for a walk. Identify a point of interest and ask the children questions about it. Move along, and this time see if the children can identify something interesting. Back in the classroom, see what they remember about their walk. Have them draw a picture of their favorite thing, including as many details as they can remember.

#### ACTIVITY 3: LITTLE WORLD WEDNESDAY

Introduce the concept of syllables using the child's name as an example. Share a haiku with the children (you can find many on the internet). As a group, try to write your class haiku. You may decide a short rhyming poem is more appropriate.

#### ACTIVITY 4: DISCOVERING DESCRIPTIVE DETAILS

Children may need help identifying opposites. Simplify the Animal, Vegetable, Mineral game by showing an image of something outdoors, and as a group identify which category it belongs. Talk about why.

#### ACTIVITY 5: FRIENDSHIP FRIDAY-WITHOUT ASKING

Come up with a list of age-appropriate activities that young children might be able to do without asking. i.e. show the children how they can be helpful in the classroom-keep your own space tidy, putting art supplies, books, or toys away on their own.

#### ACTIVITY 1: JUMP ROPE GAMES

Talk about your name as a group. For example, your name is Casey-5 letters, jump 5 times.

#### ACTIVITY 2: COOL PATTERNS

This age group will enjoy playing follow-the-leader-style games. Choose a leader and have the rest of the children line up single file behind them. Have the leader march around your outdoor space making patterns that everyone will repeat. For instance, stomp, stomp, clap OR hop, hop, hop clap. Let children take turns being the leader.

#### ACTIVITY 3: LITTLE WORLD WEDNESDAY-BREATHE!

Choose simple breathing exercises. Breathe in for 3, 2, 1. Breathe out for 3, 2, 1.

#### ACTIVITY 4: JUMP UP SCRUNCH DOWN

See pages to follow for the early childhood version.

#### ACTIVITY 5: GREETINGS AND SALUTATIONS

Have the children choose age-appropriate greetings and handshakes.



## Making Mini-Snowmen

### Materials

- \* Several cookie sheets or other type of individual tray
- \* Snow
- \* Buttons
- \* Twigs
- \* Popsicle sticks
- \* Beads
- \* Scrap strips of material

### Vocabulary

Hat, scarf, buttons, body, round, pack (the snow), stack, snowball, wrap, small, medium, large

### Instructions

1. Once outside, give each child a tray with an assortment of materials.
2. Allow children to make their own snowmen or other snow creations. They work individually, or in groups.



### MELDS

- **Social & Emotional Development:** Self Concept
- **Approaches to Learning:** Reflection and Problem-Solving
- **Creative Arts:** Visual



### Extension Ideas

- **Do you have lots of snow?** Have the children work together to create a snow family.
- **Can't go outside?** Bring the snow inside! Add snow to your sensory table. Children can wear mittens while they create their snowpeople.
- **No snow?** Check out this website, <https://empressofdirt.net/make-fake-snow/> for ways to create moldable sensory "snow"



### Conversation Prompts

- How does the snow stick together? What happens when you apply pressure to the snow?
- Tell me about your creation?
- Discuss the different sized snowballs created, use comparison vocabulary words.



## Observing Snowflakes

### Materials

- \* Black construction paper or cardstock
- \* Magnifying glasses

### Vocabulary

Snowflake, drifting, floating, falling, examine, unique, design, points, lacy, frozen, accumulate, magnify

### Instructions

1. When snow is falling, collect snowflakes on black paper.
2. Give children magnifying glasses to examine the snowflakes.



### MELDS

- **Approaches to Learning:** Initiative and Curiosity
- **Early Language & Literacy:** Vocabulary Acquisition & Use
- **Science:** Earth Science



### Extension Ideas

- Use a digital microscope to look at the snowflakes in greater detail. Collect the snowflakes on a tray which has been in the freezer or left outside in freezing temperatures. This will prevent the snowflake from melting immediately.
- Include the book *Snowflakes in Photographs* by W.A. Bentley in the classroom library for children to look at.
- Use a pocket folder and glue a 8x10 inch piece of felt on the inside of the folder. Place a magnifying glass in the folder. Store the folder in a weather proof space outdoors so it is always cold and ready.

## JUMP UP, SCRUNCH DOWN

### Objectives:

Students will:

- Identify the words over and under.
- Jump off the ground with both feet.

### Materials:

- Book - Over and Under the Snow by Kate Messer (This can also be found on YouTube: <https://youtu.be/c9UHjs63qAw>)

### Procedure:

- Outside, gather the children in a space large enough for them to jump up and scrunch down.
- Explain that you will be reading the book, Over and Under the Snow, and that they will respond to certain words that you read with a body movement. Whenever the children hear the word over, they will jump up. Whenever they hear the word under, they will scrunch down.
- Read the book slowly, giving children time to respond. Praise the children when most of the group responds quickly with the correct movement.

